Analysis of Two Beam Interference Fringes Crossing Graded Index Optical Fibers Using Phase-Shifting Technique

R. M. El-Agmy*, A. E. Elmahdy, A. M. Abd-Rabou and G. M. A. Gad

Helwan University, Faculty of Science, Physics department, 11792 Ain Helwan- Cairo, Egypt.

Published online: 1 Jan. 2017.

Abstract: A mathematical expression for two-beam interference fringes crossing graded-index (GRIN) optical fiber is derived. The derived model determines the integrated optical path crossing the core of the GRIN optical fiber. The numerical evolution of the model at different values of the fiber exponent optical parameter α is discussed. The theoretical calculations were verified experimentally using high precision phase-shifting interferometry (PSI). The main advantage of the derived model leads to accurate determination of the propagation optical parameters of GRIN optical fibers.

Keywords: Fiber, two beam interference, GRIN

1 Introduction

With the pride advancement of optical fiber communications, a variety of fiber designs have been proposed and employed in various applications due to their specific advantages even active fibers with core doped rare-earth ions [1-6]. These include step-index and graded-index (GRIN) optical fibers. The development of GRIN optical fibers is of great interest since it solved the limitation of transmission data rate in step-index optical fibers [7-9].

In GRIN optical fibers, the core refractive index continually decreases (as a gradient), starting from the fiber core center towards the fiber cladding. A versatile core refractive-index profile \( n_c(r) \) is a function of radial position \( r \) measured from the fiber centre and is described as the power-law function \([9]\):

\[
n_c^2(r) = n_0^2 \left[ 1 - 2 \cdot \Delta \cdot \left( \frac{r}{r_c} \right)^\alpha \right], r \leq r_c
\]

where \( \Delta = \frac{n_0^2 - n_{cl}^2}{2n_0^2} \approx \frac{n_0 - n_{cl}}{n_0} \)

(1)

where \( n_{cl} \) is the cladding refractive index, \( n_0 \) is the core refractive index at the centre and \( r_c \) is the core radius. The parameter \( \alpha \) - is the profile exponent or the steepness of the profile. The refractive index \( n_c^2(r) \) is a linear function of \( r \) at \( \alpha = 1 \) and a quadratic function for \( \alpha = 2 \). The quantity \( n_c^2(r) \) becomes increasingly steep as \( \alpha \) becomes larger, and ultimately approaches a step function for \( \alpha \rightarrow \infty \) (step-index fiber). However, various index profile defects of fiber preform (centre defects as tips and dips, deviation of power-law parameter \( \alpha \) from optimum value of 2 [10], can significantly reduce the bandwidth and, hence, degrade the desired function of GRIN optical fibers [10]. Therefore, adjustments of the refractive index profiles, core diameter are major of interest during and after manufacturing processes. Common non-destructive traditional interferometric techniques like two-beam as well as multiple-beam methods were used intensively to determine the optical properties of fibrous material [11-14].

Recently, phase shifting interferometry (PSI) [15, 16] and phase shifting digital holographic microscopic interferometry [17-20], in combination with the multilayer theoretical model [21], was employed to characterize the optical properties of GRIN optical fibers. The model [21] has considered and approximated the core of the GRIN optical fiber to circular step-index multilayers optical fiber. Accordingly, inhomogeneity in each layer is added to each other and resulting in discontinuity in the refractive index profile. The integration of the optical path across the fiber core of varying refractive index is the exact solution to avoid the discontinuity in the refractive index profile.

In this work, is derived a new mathematical expression for two-beam interference fringes crossing graded-index GRIN optical fibers. The derived model determines the integrated optical path crossing the core of the GRIN optical fiber. The presented mathematical calculations allow an accurate determination of the optical parameters of GRIN optical fiber. The theoretical calculations were validated experimentally using high precision phase-shifting interferometry.

*Corresponding author e-mail: Redaagmy@science.helwan.edu.eg
2 Theoretical analysis of GRIN optical fibers

Consider a GRIN optical fiber of radius \( r_f \) and core radius \( r_c \). The fiber is immersed in a liquid cell of thickness \( t \) and filled with a liquid of refractive index \( n_l \). The cell is introduced in one arm of Mach-Zehnder interferometer and illuminated with monochromatic light of wavelength \( \lambda \) as shown in (Fig. 1-a).

Beam splitter

Incident beam \( \lambda \)

GRIN fiber in liquid cell

Interference fringes

Beam splitter

Mirror

(a)

Fig. 1. (a) Schematic diagram of Mach-Zehnder interferometer with a liquid cell containing GRIN optical fiber in one of its arms. (b) Cross section of the liquid cell and GRIN optical fiber, where the light beam crosses the fiber along the Y-axis.

Taking into consideration the same concept of the wedge interferometer to obtain straight lines interference pattern, one of the Mach-Zehnder mirrors should be tilted with respect to the others. The light beam traverses the fiber parallel to the Y-axis of X-Y plane representing the fiber cross section. The Z-axis is along the fiber length, as shown in (Fig. 1-b). The change in the optical path length (\( \delta \text{OPL} \)) of a beam crossing the fiber with respect to the reference one is given by:

\[
\delta \text{OPL} = 2y_2(n_{cl} - n_L) + 2y_1(n_c(r) - n_{cl})
\]  
(2)

Where \( y_1 = \sqrt{r_c^2 - x^2} \), \( y_2 = \sqrt{r_f^2 - x^2} \) and the radial distribution of the core refractive index \( n_c(r) \) is given by:

\[
n_c(r) = n_0 \left[ 1 - \Delta \left( \frac{r}{r_c} \right)^\alpha \right] \quad \text{for } r < r_c
\]  
(3)

and

\[
\Delta = \frac{n_o - n_{cl}}{n_o}
\]

where \( n_o \) is the refractive index at the fiber center, and \( \alpha \) is the exponential order of the refractive index profile and acts as profile shape parameter.

The \( \delta \text{OPL} \) corresponds to phase change (\( \frac{2\pi}{\lambda} \delta \text{OPL} \)) and in turn fringe shift \( dZ \) along the Z-axis. The fringe spacing (\( \Delta Z \)), not crossing the fiber, corresponds to phase change \( 2\pi \). Thus the ratio between the fringe shift (\( dZ \)) to the fringe spacing (\( \Delta Z \)) is given by:

\[
\frac{\lambda}{2} \frac{dZ}{\Delta Z} = y_2(n_{cl} - n_L) - y_1n_{cl} + \int_0^{\sqrt{r_f^2-x^2}} \! n_c(r)dy
\]  
(4)

Substituting for the values of \( y_1 \) and \( y_2 \) into eq. (4), one gets:

\[
\frac{\lambda}{2} \frac{dZ}{\Delta Z} = (n_{cl} - n_L) \sqrt{r_f^2-x^2} - n_{cl} \sqrt{r_c^2-x^2} + \int_0^{\sqrt{r_c^2-x^2}} \! n_c(r)dy
\]  
(5)

The last term in eq. (5) can be calculated as follows:

\[
\int_0^{\sqrt{r_c^2-x^2}} \! n_c(r)dy = \int_0^{\sqrt{r_c^2-x^2}} \! n_0 \left[ 1 - \Delta \left( \frac{r}{r_c} \right)^\alpha \right]dy
\]

Where \( r = \sqrt{x^2 + y^2} \), then integrate with respect to \( y \), we obtain:

\[
\int_0^{\sqrt{r_c^2-x^2}} \! n_0 \left[ 1 - \Delta \left( \frac{r}{r_c} \right)^\alpha \right]dy = n_0 \sqrt{r_c^2-x^2} - \frac{n_0 \Delta}{r_c^2} \int_0^{\sqrt{r_c^2-x^2}} \! (x^2 + y^2)^\alpha dy
\]  
(6)

The integration of the last term in eq. (6) which is given by:

© 2017 NSP
Natural Sciences Publishing Corp.
\[ I = \frac{n_0 \Delta}{r_c^2} \int_0^{r_c^2} \left( x^2 + y^2 \right)^{\frac{a}{2}} dy \]  

Eq. (7) can be integrated by substituting \( y = x \tan \theta \), then \( dy = x \sec^2 \theta \ d\theta \) and 

\[ \theta = \tan^{-1} \frac{y}{x} \]  

therefore, one gets:

\[ I = \frac{n_0 \Delta}{r_c^2} \int_0^{x^2 \tan^2 \theta} \left( x^2 + y^2 \right)^{\frac{a}{2}} dx \]

\[ = \frac{n_0 \Delta}{r_c^2} \int_0^{x^2 \tan^2 \theta} x^{a+1} \left( 1 + x \tan^2 \theta \right)^{\frac{a}{2}} \sec^2 \theta \ d\theta \]  

By using the trigonometric identity, \( 1 + x \tan^2 \theta = (\sec^2 \theta) \), Eq. (8) can be written as:

\[ I = \frac{n_0 \Delta}{r_c^2} \int_0^{x^2 \tan^2 \theta} x^{a+1} \sec^2 \theta \ d\theta \]

The value of \( I \) can be obtained by using integration by parts and after some manipulations its value is given by:

\[ I = \frac{n_0 \Delta}{r_c^2} \int_0^{x^2 \tan^2 \theta} \left( 1 + \frac{a}{(a-1)} \frac{x^2}{r_c^2} + \frac{a(a-2)}{(a-1)(a-3)} \frac{x^4}{r_c^4} + \frac{a(a-2)(a-4)}{(a-1)(a-3)(a-5)} \frac{x^6}{r_c^6} + \cdots \right) \frac{1}{r_c^2} \left( \sec^2 \theta \right) d\theta \]  

(9)

When even values of \( \alpha \) are considered in eq. (9), then terms taken into consideration are those which are not vanishing for the given value of \( \alpha \). In case of odd \( \alpha \)-values, terms which give infinity for a given value of \( \alpha \) are omitted and the value \( n_0 \Delta \frac{\left( x^{a+1} \right)}{r_c^2} \left( x^{a+1} \right)^\frac{1}{2} \log \left( r_c + \sqrt{x^2 - x^2} \right) \) is added outside the bracket.

Substituting from (6) and (9) into (5), one gets:

\[ \frac{\lambda dz}{\lambda \Delta z} = \left( n_{cl} - n_i \right) \sqrt{x^2 - r_c^2} \frac{1}{r_c^2} + \frac{n_0 \sqrt{r_c^2 - x^2} + n_0 \frac{\sqrt{r_c^2 - x^2}}{x}}{n_0 \Delta} \frac{\sqrt{r_c^2 - x^2}}{r_c^2} \left( \frac{a}{(a-1)} \frac{x^2}{r_c^2} + \frac{a(a-2)}{(a-1)(a-3)} \frac{x^4}{r_c^4} + \frac{a(a-2)(a-4)}{(a-1)(a-3)(a-5)} \frac{x^6}{r_c^6} + \cdots \right) \frac{1}{r_c^2} \left( \sec^2 \theta \right) d\theta \]  

(10)

Eq. (11) can be rewritten in the form:

\[ \frac{\lambda dz}{\lambda \Delta z} = \left( n_{cl} - n_i \right) \sqrt{x^2 - r_c^2} \frac{1}{r_c^2} + \left( n_0 - n_{cl} \right) \frac{\sqrt{r_c^2 - x^2}}{x} \frac{a}{a+1} \left\{ 1 - \frac{1}{a-1} x^2 + \frac{a-2}{(a-1)(a-3)} \frac{x^4}{r_c^4} + \frac{(a-2)(a-4)}{(a-1)(a-3)(a-5)} \frac{x^6}{r_c^6} + \cdots \right\} \]  

(11)

3 Experimental Technique

3.1 Phase-shifting interferometry

Phase-shifting interferometry has been shown to be a powerful method for measuring the refractive index profiles of optical and synthetic fibers [15-16]. Well known advantages of phase shifting interferometry over conventional interferometers include: (1) high measurement accuracy, (2) rapid measurements, (3) good results even with low contrast fringes and (4) phase obtained at a grid of data points [22]. When two beams that originate from a common light source are recombined after they have travelled optical paths that differ by no more than the coherence length of the source, they interfere and form a fringe pattern. This is usually recorded with a 2D detector array and can be described by the following intensity distribution,

\[ I(x, y) = I_0(x, y) + I_M(x, y) \cos[\phi(x, y) + \Delta \phi] \]  

(12)

where \( I_0(x, y) \), \( I_M(x, y) \), \( \phi(x, y) \) are three unknown distributions referred to as the background intensity, the modulation intensity and the phase difference between the interfering beams, respectively, and \( x \) and \( y \) are spatial coordinates. \( \Delta \phi \) is a known phase shift introduced between the interfering beams.

In order to evaluate the phase, \( \phi(x, y) \), at least three independent measurements of the intensity \( I(x,y) \) are required. Four-frame algorithm, a simple and widely used phase evaluation algorithm [23-24], is used to evaluate the phase distribution. It is based on recording four intensity measurements \( I_1, I_2, I_3 \) and \( I_4 \) at \( \Delta \phi = 0, \pi/2, \pi, 3\pi/2 \) radians phase shifts, respectively.

Under the assumption that \( \phi(x, y) \) does not change during the acquisition of \( I_1 \) to \( I_4 \), it can be shown that [25]

\[ \varphi_o(x, y) = \tan^{-1} \left( \frac{I_4(x, y) - I_2(x, y)}{I_1(x, y) - I_3(x, y)} \right) \]  

(13)

The arctangent function, \( \varphi_o(x, y) \) is wrapped between \( +\pi \) and \( -\pi \) is referred to as the wrapped phase. The process of recovering the continuous phase distribution \( \phi(x, y) \) that extends between \( -\pi \) radians and \( +\pi \) radians is known as phase unwrapping, and consists of adding an appropriate integer multiple of \( 2\pi \) at each point in the wrapped phase distribution [23, 26-30]. The relation between the measured unwrapped phase distribution \( \phi(x, y) \) and the spatial varying optical path length difference, \( \delta OPL(x, y) \), is given by the relation [17]

\[ \delta OPL(x, y) = \frac{\lambda}{2\pi} \phi(x, y) \]  

(14)

3.2 Experimental set-up
Fig. 2 shows a schematic of phase-shifting Mach-Zehnder interferometer. A He-Ne laser is used as the coherent light source, providing a beam with wavelength $\lambda = 632.8$ nm. The beam was spatially filtered by spatial filter (SF) and then collimated by lens (L1). A non-polarizing beam splitter (NPBS1) divides the incoming collimated beam into a collimated reference beam (RB) and a collimated object beam (OB). The collimated reference beam (RB) is reflected by the mirror M1, which is mounted on an open loop piezoelectric lead zirconatetitanate (PZT) transducer. The PZT actuator is a Physik Instrument type PL055.30 PZT which is a low voltage device with a maximum displacement of 2.2 $\mu$m for 100 V of applied voltage. The PZT is used to controllably shift the phase of the reference beam by introducing controlled $\pi/2$ phase difference between two successive interferograms. The collimated object beam (OB) is reflected from mirror M2 and illuminates the fiber, which magnified by a microscope objective lens (MO2) with magnification 10× and N.A. 0.25. In order to compensate the wavefront of the object beam, a typical microscope objective lens (MO1) is placed in the reference arm.

The fiber is held vertically, to the observation direction, in a liquid cell (LC) containing a liquid of refractive index $n_L$ quite close to the cladding refractive index. The collimated object beam is recombined with the reference beam at the second non-polarizing beam splitter (NPBS2). A CMOS camera (C) records four phase shifted interferograms formed by the interference between the reference and object beams. These interferograms are stored on the computer storage media and automatically processed to generate the wrapped phase map of the fringe pattern using eq. (13). The camera is a 1280 x 1024 pixels, 8 bits, black and white, with square pixels of 5.2 $\mu$m, and a maximal frame rate up to 25Hz.

4 Experimental Measurements and Theoretical Calculations

4.1 $\delta$OPL measurements using phase shifting interferometry

The aim of using phase shifting Mach-Zehnder interferometry is to provide the proposed model with the $\delta$OPL profile across the GRIN optical fiber sample. To achieve this, four-frame algorithm was employed to obtain the phase distribution across the sample and then convert the phase distribution into $\delta$OPL using Eq. (14). As mentioned in Section 3.1, the four-frame algorithm requires the acquisition of four interferograms with $\pi/2$ phase shifts between successive ones. The displacement/voltage response of the PZT actuator, used to shift the phase of the RB, is sensitive to environmental vibrations and changes in humidity and temperature. For this reason, they need to be calibrated before each measurement and to determine the voltage values that are required to introduce $\pi/2$ phase steps. The procedure described by Ochoa et al [30] was followed to calibrate the PZT phase shifting actuator. The procedure is only suitable for calibrating phase modulators that can produce a full $2\pi$ phase shift and for which the phase changes monotonically with applied voltage, but is relatively simple to implement and can be performed in situ. Four interferograms obtained with 0, $\pi/2$, $\pi$, $3\pi/2$ phase shifts are shown in Fig. 3. The fiber sample was a multimode GRIN optical fiber (GIF625-Thorlabs). According to the supplier, the core diameter is $62.5 \pm 2.5 \mu$m and the cladding diameter is $125 \pm 1\mu$m.
The sample was immersed in a suitable liquid, mixture of butyl stearate and paraffin oil, with a refractive index quite close to the cladding refractive index, n_{cl} = 1.4575 at 21 °C. An Abbe refractometer, with an accuracy of ± 0.0001, was used to measure the refractive index of the immersion liquid. These interferograms were combined, using Eq. (13), to extract the wrapped phase distribution, \phi_{w}(x, y), across the sample relative to the surrounding medium. Fig. 4 shows typical results of \phi_{w}(x, y) for GRIN optical fiber. As can be seen in Fig. 4, the wrapped phase distribution lie in the range (-\pi, \pi). The changing in color discontinuously from white to black means there is a phase jump of 2\pi. In this work, the unwrapped phase distribution, \phi(x, y), were obtained, as shown in Fig. 5, with the use of Goldstein branch cut phase unwrapping algorithm [31]. It can be seen that the 2\pi discontinuities have been removed by adding an appropriate integer multiple of 2\pi at each point in the wrapped phase distribution. Having obtained the unwrapped phase distribution, the \delta OPL and hence the mean fringe shift across sample can be evaluated, shown in Fig. 6, using the relation [17]

\[
\delta OPL = \frac{\lambda \Delta Z}{\Delta Z} = \frac{\lambda}{2\pi} \phi(x, y)
\]

Substituting for the values of n_{cl} and \lambda \Delta z at arbitrary chosen x-value from the experimental results as shown in (Fig. 6) and eq. (15), the measured results r_c, r_i and n_{cl} of the GRIN optical fiber are in table 1.

### Table 1: Measured GRIN optical fiber parameters

<table>
<thead>
<tr>
<th>n_{cl}</th>
<th>\lambda (nm)</th>
<th>r_c(\mu m)</th>
<th>r_i(\mu m)</th>
<th>n_{cl}(\mu m)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.4575</td>
<td>633</td>
<td>31</td>
<td>62.5</td>
<td>1.4597</td>
</tr>
</tbody>
</table>

In the following section we show the measurements of the peak value of the fiber core n_c and extraction of the profile shape parameter \alpha. Equation (11) was solved for the two unknowns (n_0 & \alpha) by putting (x = 0) and x = \frac{1}{2} r_c and/or x = \frac{1}{4} r_c, see (Fig. 6). At (x=0) equation (11) becomes:

\[
(n_0 - n_{cl}) = \left[ \frac{\lambda \Delta z}{2\Delta Z} - (n_{cl} - n_c) r_f \right] \left[ \frac{\alpha + 1}{\alpha} \right] \frac{1}{r_c}
\]

Substituting in eq. (11) with the values in table 1 and the measured (\frac{\Delta z}{\Delta Z}) at (x=0) one gets:

\[
(n_0 - n_{cl}) = 0.01937 \left[ \frac{\alpha + 1}{\alpha} \right]
\]

Also putting (x = \frac{1}{4} r_c) one gets using eq. (11)

\[
\alpha^4(0.0511) - \alpha^3(0.21313) - \alpha^2(0.06549) + \alpha(0.3297) = 0
\]

This gives a fourth order equation of one variable \alpha. The solution of eq.(18) gives four \alpha roots; \alpha = 0, -1, 2.1035 and 3.0763. The root \alpha=0 means no core refractive index distribution, \alpha=-1 and \alpha=3.0763 give odd symmetric
profile, then \( \alpha = 2.1035 \) is the solution which gives an even symmetric profile with respect to the center point of the fiber. By substituting for \( \alpha = 2.1035 \) in eq. (16) one gets \( n_0 = 1.4885 \). The obtained value of \( n_0 \) is exactly agreed with the published values for the same GRIN optical fiber [18] despite different manufacturer.

### 4.3 Model validation

Equation (10) can be written in the form of two equal parts \( F(x) \) as follows:

\[
\frac{\lambda}{2} \frac{dZ}{dx} - (n_{cl} - n_L) \left[ \frac{r_f^2 - x^2 + n_{cl}\sqrt{r_c^2 - x^2}}{n_0}\sqrt{r_c^2 - x^2} - (n_0 - n_{cl}) \frac{\sqrt{r_f^2 - x^2}}{\alpha + 1} \right] \left[ 1 + \frac{\alpha}{(\alpha - 1) r_f^2} + \frac{\alpha(x-2)}{(\alpha - 1)(\alpha - 3)} x^4 \right] = F(x)
\]

The left hand side part gives \( F(x) \) using the experimental measurements of \( \frac{dZ}{dx} \) while the right hand side represents \( F(x) \) through the theoretical integration of the optical path length crossing the GRIN fiber core. It represents the integrated optical path length crossing the fiber parallel to the \( Y \)-axis as a function of \( x \) in the range of the fiber core thickness.

Fig. 7. (a) The experimental measurements of OPL inside the fiber core by using eq. (19) (b) theoretical calculations and (c) comparison between theoretical calculations and experimental results.

Using the experimental measurements of \( \frac{dZ}{dx} \) as a function of \( x \) and the measured valued of \( n_{cl} = 1.4597, n_L = 1.4575, r_f = 62.5 \mu m \) and \( r_c = 31 \mu m \), best fitting between the left hand side experimentally measured and the right hand side theoretically derived for \( \alpha = 2.1035 \) and \( n_0 = 1.885 \) as shown in Fig. 7(c) is obtained. The fitting is represented in the range \( -r_c \leq x \leq r_c \) of the GRIN optical fiber core thickness where the theoretical derivation is carried out.

### 5 Conclusion

A new mathematical model for GRIN optical fibers was developed. The mathematics treated the fiber core as a single layer and can be used directly to measure and configure the refractive index profile of GRIN optical fibers. With this model one can obtain exact and accurate propagation parameters of the used GRIN optical fibers. The model is applicable for any \( \alpha \)-shape parameter. The theoretical calculations were validated experimentally using high precision phase-shifting interferometry. The experimental results were coinciding with theoretical calculations.

### Acknowledgement

The authors would like to express their gratitude to Prof. Dr. M. M. EL-Nicklawy for his generous help for producing this work. Also authors would like to acknowledge Prof. Dr. A. F. Hassan for the fruitful discussion.

### References


